

**Abstract of the disclosure:**

An implement for supporting foodstuff and allowing food preparation operations to be performed thereon. The implement includes a body having a substantially planar working surface. The working surface includes a main area and at least one substantially coplanar auxiliary area. The auxiliary area has at least a protruding portion thereof protruding integrally and outwardly from the main area. The auxiliary area has a geometrical configuration distinct from that of the main area so as to facilitate visual identification thereof and visual differentiation thereof from the main area. The main and auxiliary areas are adapted to improve the cognitive ergonomicity of the implement by facilitating the delimitation of distinct coplanar and adjacent working areas for performing corresponding distinct food preparation operations. The implement includes a discharge aperture extending therethrough and a plurality of adaptors connectable thereto for performing various culinary operations.